

Add your favourite food and meals! Draw some items or glue pictures in!

food & meals

for breakfast

smoothie
porridge
bread / toast
jam
cereals
yoghurt

for lunch

sandwiches

for dinner

chicken
vegetables
rice
noodles / pasta
meat
dumplings
chips
french fries
pizza
burger

meat

chicken
pork
beef
turkey
schnitzel
steak

vegetables

carrots
tomatoes
salad
potatoes
mushrooms
spinach
broccoli

fruits

oranges
bananas
strawberries
apples
raspberries
peaches

sweets

biscuits
cookies
chocolate
ice cream
cake and vanilla sauce

dairy products

milk
cheese
yoghurt
